



## About Us

SEEN provides a safe space to support those facing unplanned pregnancy and baby loss, and we deliver healthy relationship and sex education to empower and nurture our community.

Our schools, prison and community work support these aims using teaching programmes covering self-esteem, healthy relationships and pregnancy education.



### Anne Wallace, Chair of Trustees

"Following the decision in 2024 to review the governance of SEEN, it has been an absolute privilege for me to discuss our ethos and working practises with volunteers and staff members. This has been a rich learning experience as, in every discussion, I have witnessed first-hand the integrity, dedication and passion for all that SEEN stands for. I am hugely grateful for the unstinting support of an increasingly diverse board, deeply committed to equality and inclusion, as we seek to steer a course through 2026, ensuring that our vital support for clients can continue and expand."



## Thank you to...

- Everyone that supported us through donating and regular giving
- All those that attended an event or sponsored challenge to raise funds for us
- Our amazing volunteers, for all their time and expertise
- All the charitable trusts and foundations that have supported us financially including: St Stephen's Church, Richmond Foundation, William Grant, The Joan Ainslie Charitable Trust, Kingston Charitable Foundation, City Bridge Trust, The Beacon Lodge Charitable Trust, The Rowan Bentall Charitable Trust and many more



INDEPENDENT FAMILY  
UNIT



- 108** CLIENTS LISTENED TO
- 32** ADULTS AND PRISONERS WERE EMPOWERED TO AVOID RISKY BEHAVIOURS AND ABUSIVE RELATIONSHIPS
- 1062** YOUNG PEOPLE TAUGHT RSE
- 2351** CLIENT SESSIONS FACILITATED
- 2269** VOLUNTEER HOURS
- 23%** OF OUR CLIENTS ARE MALE

## Testimonials

"SEEN were immediately responsive. They really understand the anguish and suffering that this situation causes both for women and their partners. They are doing an excellent and very necessary service in supporting people going through this truly heartbreaking time of loss."

UNPLANNED PREGNANCY CLIENT,  
DECEMBER 2025

"The external support I received from SEEN has had a massively positive impact on my life, I was really struggling after my wife's miscarriage and SEEN were there to help when I was at my lowest. Following the SEEN programme I feel so much more confident in myself, my emotions and how I would handle emotionally challenging situations in the future."

MISCARRIAGE CLIENT, FEBRUARY 2025

"It's a calm relaxing environment to open up about your grief."

POST ABORTION CLIENT, AUGUST 2025

"I wasn't communicating with anyone. I was so lonely and depressed.

I have felt loved on the group and it has helped me for what I felt.

I was being praised and feel that I have achieved something good for myself.

I feel I have more progress to make but I am in a better place and am more hopeful."

I AM IN THE COMMUNITY PARTICIPANT,  
SUMMER 2025

## Highlights of 2025

- New Chair, Anne Wallace joined us in January 2025
- Three new volunteer listeners and one prison volunteer recruited and trained
- We saw a 30% increase in clients seeking unplanned pregnancy support and a 28% rise in post-abortion support
- Supported 50% more clients facing a foetal anomaly than in 2024
- Welcomed two new trustees, Lesley Benge and Angharad Thomas
- Launched 'I AM in the Community' at the Vineyard, Richmond and The Riverbank Trust
- Recruited three new members of staff – Anna Johnson, Volunteer Coordinator, Alison Purves, Client and Office Administrator and Lolade Oresanwo, Finance Coordinator
- Our prison team increased from 3 to 4 facilitators
- NUPAS, Papyrus and The London Fertility Coach facilitated training for our listeners
- Clients are referred to SEEN by over 20 local referral partners including Ruils, Richmond Wellbeing Service, GP surgeries and GP surgeries.



## MEET OUR BOARD OF TRUSTEES



## 2026 Plans

Improve and grow our service by:

- Rolling out improved Safeguarding training
- Recruiting 3 new listeners
- Implementing a database
- Improving and streamlining listener digital processes
- A programme to recruit and support volunteers

## 2026 Events

- **Spring Curry Night**  
5th Feb, Sheesh Mahal, Twickenham
- **Sip N Shop**  
6th March, Holy Trinity Church, Sheen Park
- **Swimathon**  
16th May, Hampton Open Air Pool
- **Autumn Curry Night**  
12th November, Sheesh Mahal,
- Twickenham
- **Christmas Film**  
7th Dec, St Stephen's Church, Twickenham