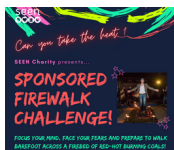


2023 EVENTS

- **Firewalk**
St Stephens School
Saturday 4th March
- **Mezze & Curry Nights**
March - dates & venues
to be confirmed
- **Autumn Dinner Dance**
Date & venue to be
confirmed
- **Christmas Film**
The Exchange
Sunday 3rd December



TESTIMONIALS

"SEEN were informative, engaging, personable, tried to get all students involved by using their names, plus the students enjoyed getting up and being interactive with the Life Line Game."
Teacher, Rosebury School, Epsom

"I'd recommend SEEN because they fill a gap in the system. The health care system does not offer emotional or mental health support. My experience at the hospital was that I was just another face so being able to access individual and personal support specifically around pregnancy loss was so important."
Miscarriage client

"I enjoyed the 'I AM' course very much, not only the content but more importantly how you both treated me and took time to listen to me. You really don't how important it was and is for me to know that those from the 'real world' are happy to take the time and listen."
Prisoner



ANNUAL REVIEW 2022

162 CENTRE CLIENTS LISTENED TO

88 NHS CLIENTS LISTENED TO

479 CLIENT SESSIONS FACILITATED

1,151 VOLUNTEER HOURS CLOCKED

500 YOUNG PEOPLE TAUGHT RSE

7 PRISONERS UNDERTOOK THE 'I AM' SELF ESTEEM COURSE

84% OF OUR CLIENTS ARE FEMALE

16% OF OUR CLIENTS ARE MALE

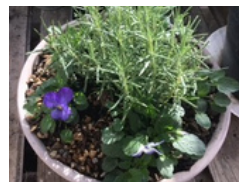
2023 PLANS

- Roll out SEEN network hub for listening and schools work
- Develop and expand education work in schools and youth clubs
- Raise awareness of our services in secondary schools, colleges and universities

Tel: 020 8892 8483 hello@seen.charity
www.seen.charity

HIGHLIGHTS OF THE YEAR

- New charity name, SEEN, launched
- Doubled number of crisis & pregnancy loss clients by Q2
- Returned to Women's Prison to deliver the 'I Am' Course
- We welcomed our new trustee, Nicola Patel
- First year running two support groups, for baby loss and miscarriage
- Piloted youth group sessions at Castelnau Community Project in Barnes
- Implemented an IT helpdesk



THANK YOU TO...

- All those that supported us both through donating and regular giving
- Everyone that participated in a sponsored challenge to raise funds for us
- All the charitable trusts and foundations that have supported us financially, including: St Stephens Church, The Postcode Lottery, Richmond Parish Lands, Hampton Fund, Barnes Fund, The National Lottery, Albert Hunt Trust and many more
- Our wonderful volunteers for all their time and skills
- All those that pray for us