


ANNUAL REVIEW 2020

A YEAR IN NUMBERS



WE LISTENED TO:
76 centre clients
51 NHS clients



435 client sessions
anxiety*shame*grief
forgiveness*self harm
suicide*anger*depression
blame*guilt*despair



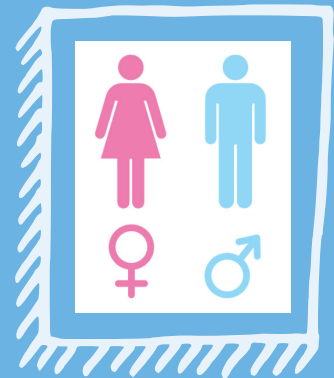
Over 500 young people
taught about healthy
relationships and sex



600 volunteer hours



100 hours
spent teaching
prisoners
about healthy
relationships



Clients are
96% women
and 4% men

HIGHLIGHTS OF THE YEAR

- * Clients were supported remotely via phone or video calls
- * 3 new listeners trained online to support pregnancy loss clients
- * 75 self-care bags provided to local foodbank and school
- * Supporters raised over £4000 through sponsored challenges
- * With the help of Covid grants we were able to end the year financially stable

THANK YOU

- * Everyone who supported us financially through donating and regular giving
- * To everyone who participated in a sponsored challenge
- * To Barnes Fund, St Stephen's Church, The National Lottery Richmond Parish Lands, All Churches, Woodward Charitable Government Furlough Grants, PCN Grant, Kingston Covid Grant and many more
- * All our volunteers for their time and skills
- * For all those people who pray for us



OUR PLANS FOR 2021

- * Find a new Centre Director
- * Increase client numbers by promoting our helpline through social media and new leaflets
- * Teach more young people in schools and youth clubs (virtually if necessary)
- * Launch our new website, database and digital office
- * Teach our 'I AM' prison course individually until groups are possible

EVENTS

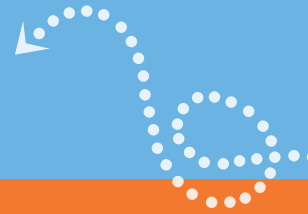
- * Challenge yourself - April/May
- * Sponsored walk - May/June
- * Firewalk challenge - Sept/Oct
- * Christmas event - December



For further information, contact:

fay.hamilton@crosswaypregnancy.org.uk
or call 020 8892 8483

TESTIMONIALS



"I miscarried twins in the first week of lockdown and really struggled to come to terms with the loss. Crossway helped me to process the huge range of emotions that come with a loss like this. I still have sad moments and will never forget my twins but the pain does not overwhelm me anymore and I am happy with my life and grateful for what I do have."

"After having a termination, I fell into a spiral of self hate and depression. I found the Crossway by googling other womens abortion stories. They helped me by just being able to talk and get my feelings and thoughts out without being judged. They helped me to process my thought and take my grief in stages and to keep going."

ANNA'S STORY

"2019 was the most difficult year of my life - I had two miscarriages. After the second miscarriage, I lost my will to live. My husband did not know how to help me and I did not know how to do it either. I had difficulties with falling asleep and then waking up for work. I had nightmares, ate very little and thought about death. I struggled with basic life activities. I felt powerless, without energy and no hope for the future.

*At some point I realized that I need help. I went to the centre and met amazing people, who were compassionate, and they were understanding what I was going through. I was diagnosed with depression. Due to the lockdown we started online sessions. I realised how unhealed emotional wounds were blocking my life. I overcame depression, started learning a new language and planning for the future. I will recommend the help of Crossway Pregnancy Centre to everyone because it changed my life." *Name changed for confidentiality*



The Crossway, 306 Richmond Road, Twickenham, TW1 2PD
Tel: 020 8892 8483
Email: karen.pitchford@crosswaypregnancy.org.uk

Charity registration no. 1148979
Company no. 8010893