

Annual review 2019

A YEAR IN NUMBERS

WE LISTENED TO:
132 CENTRE CLIENTS
139 NHS PATIENTS



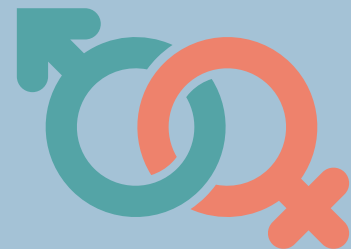
337 HOURS TEACHING
PRISONERS ABOUT
HEALTHY RELATIONSHIPS



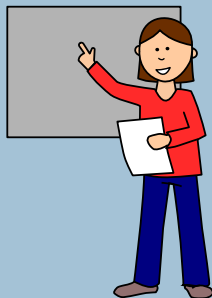
213 PREGNANCY
LOSS SESSIONS

anxiety
shame feelings blame
forgiveness
depression
selfharm
suicide
anger

CLIENTS ARE 78%
WOMEN AND 22% MEN



OVER 1000 YOUNG PEOPLE
TAUGHT ABOUT HEALTHY
RELATIONSHIPS AND SEX



1125 VOLUNTEER
HOURS

"When I first met Karen, I was impressed by the independent approach that Crossway was taking in the sensitive area of pregnancy advice. Since working with them as a volunteer, I have seen close-up just how independent and specialised a service Crossway provides."



Highlights of the year

- Started new contract at West Middlessex University Hospital
- Taught in six new schools
- First joint fundraising event with other local charities
- Recruited a chairperson and 2 new trustees
- Waved Lesley off onto her well-deserved retirement and welcomed Marianne and Mandy to replace her
- Celebratory 20th anniversary tea party

"I so enjoyed the CPCC Tea Party
on Saturday.

Apart from the amazement of seeing how it has
grown & flourished, it was interesting (& fun!) to try
out & more

fully understand what some
of the people involved are doing. So many people are
now using different skills to help."

Davina Rowe, Centre Director at CPCC (1999-2002)

Thank You

- to everyone who supported us financially through donating and regular giving.
- to local businesses for supporting our events (Sainsbury's, Memories, Co op, Ricardo's Cellar and Hampton Open Air Pool).
- to Barnes Workhouse Fund, St Stephen's Church, The Entertainer, The National Lottery Fund for grants.
- to everyone who participated or volunteered at our many events.

Our plans for 2020

- Expand into special needs schools
- Develop new website and leaflets
- Train new listeners to provide pregnancy loss support
- Run 'I Am' Course in the community
- Teach the 'Girls Project' in local schools
- Run parent workshops on talking to your children about sex

Events in 2020

- The Big Parent Event - 29th February - St Stephens Church
- Firewalk Challenge - 24th April - ETNA Community Centre
- Evening Jazz and Dance - 19th June - Old Town Hall Richmond
- Singalong Film Night - July - The Crossway, Twickenham
- Choose Your Challenge - 26th September - Hampton Open Air Pool
- Community Christmas Concert - December - St Stephens Church

For further information, contact
fay.hamilton@crosswaypregnancy.org.uk or call 020 8892 8483

Testimonials

I've learnt that love isn't just there at the beginning of a relationship but that it comes from a foundation of respect, loyalty and care.

Really helpful talking through all options to an outsider with a non-bias point of view. Made me feel like I wasn't alone going through a very hard time.

I HAD A GOOD INDEPTH TALK, IT HELPED ME SEE MY SITUATION FROM A NON-BIASED POINT OF VIEW. I FEEL A THOUSAND TIMES BETTER AS I HAD BEEN STRESSED RECENTLY

This session has been extremely helpful in trying to sort out my thoughts & my feelings in making this decision. I highly recommend

I have learnt about the risks of not having safe sex, such as STIs and pregnancy.

Jenny's story

Jenny* was in her early 20s and attended our I AM relationships course in prison. At the first session she lacked confidence and spoke very little, afterwards coming up to the facilitators saying she felt uncomfortable speaking in front of the group. There was little eye contact and she was very passive. By the end of the course there was a marked difference in Jenny's confidence: she confidently presented at the Showcase at the end of the course and the week before she had presented at an event in the prison to 100 people. Jenny's posture, eye contact, increased volume of speech and smile also demonstrated how much more confident she'd become. After the course Jenny said

"It's helped me and encouraged me, to keep looking forward and not hold onto the past. It's built my confidence a lot. I've realised that being able to make things is a good way to get my emotions out."

***name changed for confidentiality**



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